

AGE-FRIENDLY NATIONAL CITY



Welcome to the Age-Friendly National City Project!

Agenda

1. Project Background

2. Mid-Project Report

- Findings and What We Learned from the Community

3. Next Steps



How did National City Get Involved?

On November 20, 2019, National City officially announced their enrollment in the AARP Network of Age-Friendly States and Communities, making them the **40th community** in California to enroll in the network.



40!



What is the Age-Friendly National City Project?

The City is working with project partners and the community to create National City's first **Age-Friendly Action Plan**. This document will summarize feedback received from the community, as well as goals for implementation of policies and programs to strengthen the livability of the City for many years to come.



Project Partners



Project Webpage: <http://nationalcityca.gov/afnc>

What does an Age-Friendly Livable Community Mean?

Age-Friendly Livable Community:

“Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages.”

- AARP

In a livable community, people of all ages can...



Go for a walk



Cross the streets



Ride a bike



Find the services they need



Get around without a car



Live safely and comfortably



Work or volunteer



... and make their city, town or neighborhood a lifelong home.



Enjoy public places



Socialize



Spend time outdoors



Be entertained



Go shopping

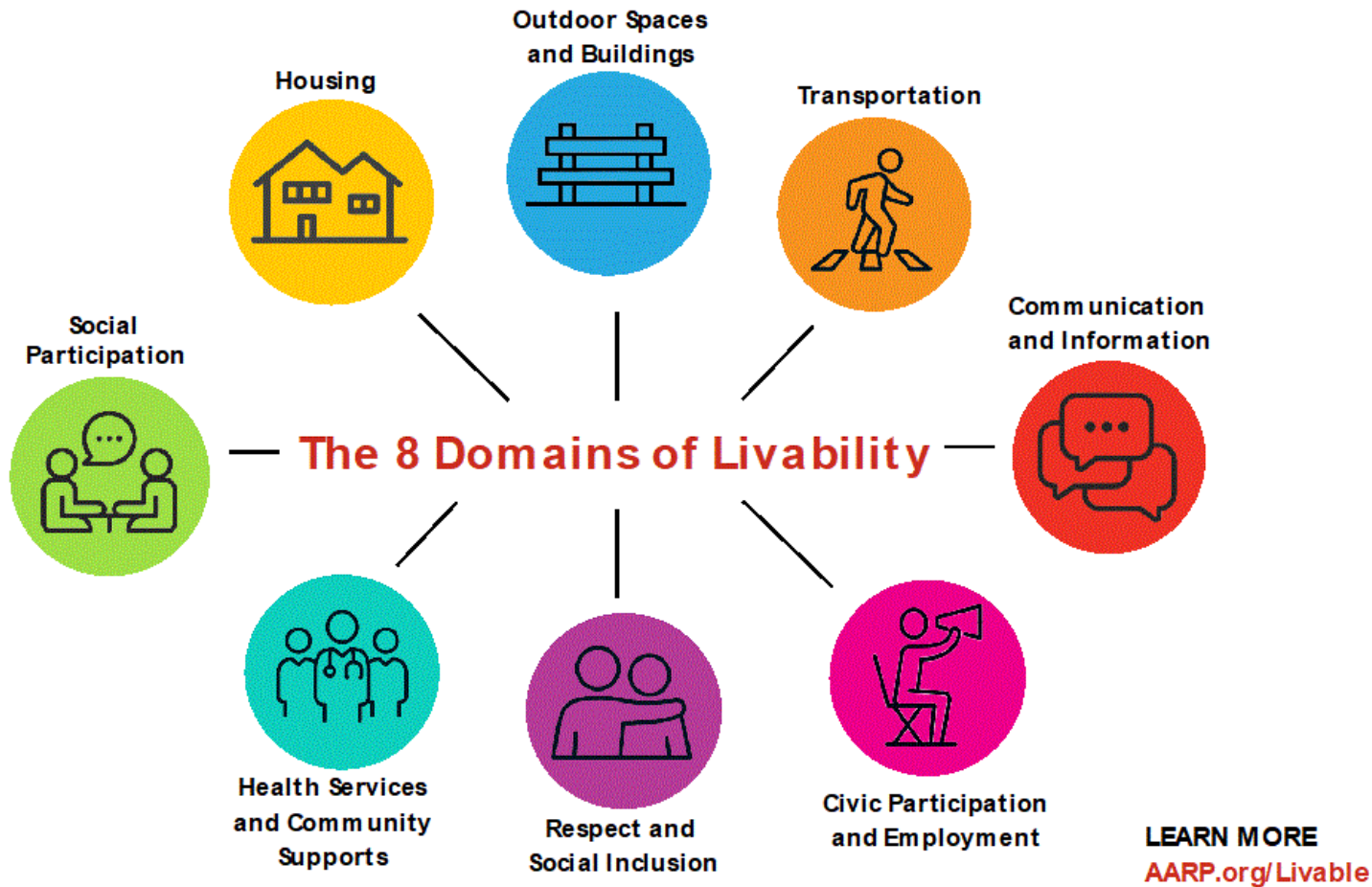


Buy healthy food



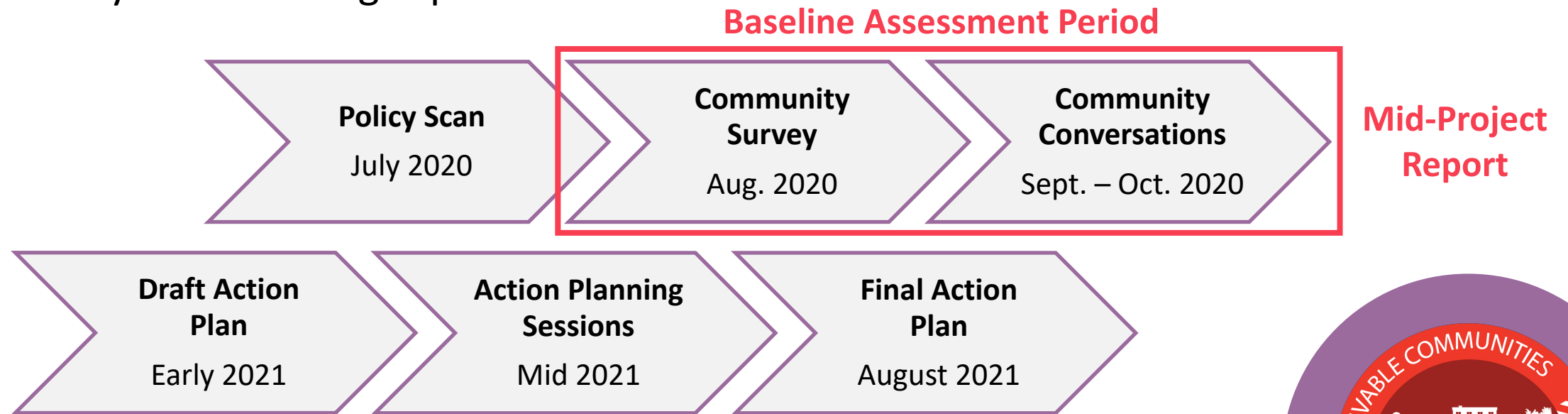
Domains of Livability

AARP defines livability using the 8 Domains of Livability:



The Project Timeline

Over the next year, the City of National City and the project partners will be reaching out to residents to collect input and learn about ways to increase the livability of National City across the age spectrum.



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Mid-Project Report

- A. Summary of Survey Findings (online and print)
- B. Summary of Community Conversations (online, print, and phone)



Community Survey - Results

What we learned from the survey...

- **369** Respondents
- **70%** Identify as Female
- **71** was the average age of respondents
- **59%** rated National City as an “Excellent” or “Very Good” place to age
- **61%** of the respondents have lived in National City for 15+ years
- **71%** of respondents have an annual income less than \$50,000



Community Survey - Results

DOMAIN OF LIVABILITY	KEY THEMES
Housing	<ul style="list-style-type: none"> Housing maintenance and safety Importance of independent living Affordable and accessible housing options
Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Well-maintained public spaces Improved accessibility of facilities
Transportation	<ul style="list-style-type: none"> Improved pedestrian infrastructure Maintained or bettered public transportation services and costs Convenience and timeliness
Health and Wellness	<ul style="list-style-type: none"> Improved healthcare options Affordable health programs Diverse healthcare staff and services
Social and Civic Participation	<ul style="list-style-type: none"> Isolation concerns Need for socialization and programming Desire for employment and volunteering opportunities
Community Information	<ul style="list-style-type: none"> Improve accessibility for diverse populations Maintain or improve access to the internet Expand information methods to reach more residents
COVID-19*	<ul style="list-style-type: none"> High concern about COVID-19 Need for resources and programs Improved community connections and support



Community Conversations - Results

What we learned from online, print questionnaire, one-on-one phone call input...

- **101** Comments posted to the Ideas Wall
- **12** Comments posted to the Mapping Tool
- **24/7 Access** Input was accepted September 2020 via the project webpage
- **Virtual Town Hall** Hosted on September 24, 2020 in English and Spanish to explain project and input tools



Share Your Livability Ideas!

Share your thoughts and ideas on livability topics for National City

Add Your Idea



Map Livability in National City!

Share locations of livability gaps and opportunities in National City

See Project Map



Community Conversations - Results

What we learned from online, print questionnaire, one-on-one phone call input...

- **Hot Topics** Housing, Transportation, and Health & Wellness
- Themes across Domains of Livability
 - **Affordability** (public transit, health care, housing)
 - **Access** (proximity to parks, information about programs)
 - **Safety** (roadway intersections, pedestrian experience, medical assistance)
 - **Living a healthy lifestyle** (exercise, programs, socialization)



The Project Timeline

Next steps include the development of the Draft Action Plan, conducting additional community engagement to receive input on the development of the Plan, and come back in the Fall to present the Final Action Plan for adoption.



Thank You Supporting Age-Friendly National City!

Questions?

Email: jschwartz@circulatesd.org

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Project Partners



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